## PROGRAM NOTES: "A Quiet Moment"

"A Quiet Moment" is about the people we meet in our lifetimes and how our souls are affected by them and how we affect others. It's a song to ourselves, to you, and to everyone we know. It's a song about living and letting go and being and saying goodbye.

This work was commissioned and premiered in 1999 by Potomac Fever, Washington, D.C., Gregory Ruffer, Director.

--Jennifer Higdon